

Middle School Sports Announcement (Update 2/23)

**** NEW UPDATE** - VOLLEYBALL – While we anticipate an upgrade to “high risk” on Tuesday, in order to follow state guidelines and the same schedule as CCHS, middle school volleyball will not be able to practice until MONDAY 3/1.**

We apologize for the continual changes but we are trying to keep in line with what the state and high school are doing and things change quickly. Please keep checking this website, the CCMS Facebook page or the text remind-app messages sent from head coach Kaitlyn Radabaugh (for those registered on that app.) for the latest information. Thanks for your patience. Once we get going things should be much more routine.

Again, should we remain in the “Extreme Risk” category we will be restricted to 6 athletes per gym and will create a rotational schedule for all athletes to follow for the first two weeks of the season until we get the next risk category update on March 2nd.

Football and Cross Country – Practice starts Monday 2/22 at 3:30.

All sports will run 3:30 – 5:30 on all days school is in session during the season – unless otherwise communicated by a head coach.

Parents can pick their kids up at 5:30 out front or in the south parking lot after practice. **PLEASE DO NOT COME INSIDE TO WATCH OR PICK UP YOUR CHILD AS WE CANNOT ALLOW THE PUBLIC INTO OUR BUILDING OR ATHLETIC LOCATIONS.**

***Any schedule of games or meets will be posted on this site and the Facebook page. Additionally coaches will communicate those contests to their teams.**

CCMS is happy to announce the potential return of our sports programs in an abbreviated form. Below is the current season schedule:

Season 1: Feb. 22 - April 2 - Football / *Volleyball / Cross Country

Season 2: April 5 - May 7 - Track / *Boys' Basketball

Season 3: May 10 - June 10 - *Wrestling / *Girls' Basketball

*All INDOOR sports will require an Oregon Health Authority rating for Crook County of “High Risk” or better. Otherwise with an “Extreme Risk” rating, these sports will have to be severely restricted to 6 players at a time per gym.

-Each season will be 5 weeks long.

-Activities may include light conditioning, skill development drills, game strategy instruction and intramural contests.

-We may be able to have some limited contests with other schools depending on where our risk ratings fall at the time.

-Pay-to-Play Fees will be waived this year.

-Paperwork for all athletes participating in the Fall Sports will need to be turned in by **Friday, February 19th**. Forms are currently available in the CCMS office which is open between 7:30 and 3:30.

-One of the forms includes a SPORTS PHYSICAL sign-off, which athletes must have to participate- unless they still have a valid physical on file. These are good for 2 years.

-Spectator access to games and contests will be driven by state athletic guidelines in force at the time.

-The roll-out of these seasons will be a work-in-progress as state guidelines change. If you have questions, feel free to contact the middle school athletic director:

Troy Waite

troy.waite@crookcounty.k12.or.us

541-447-6283 Ext. 3471